



# NEWSLETTER

Stan Smith – President/Editor (205)655-3151  
Judy Burch – Secretary

Stephen Foster – Vice President/Chaplain  
Lori Higginbotham - Treasurer

## SUPPORT GROUP MEETING FOR AUGUST 2017

This month's dinner/meeting will be at Seasons 52, 245 Summit Blvd, at the Summit, just off Highway 280, on Saturday, August 19<sup>th</sup> at 4:45 PM. Please RSVP by 12 N on the 18<sup>th</sup> so I can make seating arrangements at the restaurant (a day ahead) – call and leave a message at 205-655-3151, or email to [heartlungkid1@gmail.com](mailto:heartlungkid1@gmail.com).



*The new heart & lung transplant recipients  
No new release forms received*

### HAPPY HEART AND LUNG DAY!

(August)

(H) Marsha Lindsey	'95
(H) Kenneth D. Acreman	'95
(H) Charles Moseley	'97
(H) John T. Dejarnette	'97
(H) James C. Keith	'97
(H) Alben S. Moore	'99
(L) Shirley Welch	'00
(H) Thomas Reed Jr.	'00
(L) Ruthie Foster	'01
(H) Sherrell Gay (Emory)(2 <sup>nd</sup> 12/12)	'02
(H) Donald R. Overstreet	'03
(H) Dennis Meads	'06
(H) Ronald M. Brown	'07

(H/K) Steve R. Carroll (H 9/92)	'07
(H) Justin Brandon Golson	'10
(H) James Perry Wardrup	'11
(L) Nancy S. Norton	'14



*The new liver transplant recipients are:  
No new release forms received*

### HAPPY LIVER DAY!

(August)

William P. Dilworth III	'95
Nelda Hall (2 <sup>nd</sup> 5/98)	'96
(LIV/K) Bethany McBrayer	'96
Eric Claburn (Pediatric)	'97
MaryKathryn Lawrence	'97
Patsy McGill	'97
Gregory Pilkinton	'98
Winnie Jean Jones	'99
Peter Sanders	'99

James E. Barrett Jr.	'00
John L. Cato	'02
Jimmy Patterson	'02
Enos E. Godwin Jr.	'03
Larry Eubanks	'04
Keith Barrett	'06
Mike Fitzhugh	'10
Felix Williams	'11
Debra Wright	'12
Edward Marshall Holiday, Jr.	'14
David H. Earnest	'14
Sandra Wood	'16

### HAPPY KIDNEY DAY!

(August)

(K) Pete Friedrich	'98
(K) Loretta Felts	'13
(K) James R. Womack	'15

### Message from Stan Smith, President

Our dinner meetings at Seasons 52 have been a big success. The attendance is averaging between 13 and 17 people. The picture below is from the July meeting – we were missing 5 people who normally attend. Hope to see you at the August dinner meeting.



Check out the anniversaries this month. There are 30 people that are 10 years or more post-transplant – fantastic! Remember the ones listed are only those who have turned in a release form!

### 2018 Transplant Games of America

The 2018 Donate Life Transplant Games of America will be held in Salt Lake City, Utah August 2 – 7, 2018. Team Alabama is in the process of reorganizing and working on a new 501c3. Hopefully, we will start fundraising by the end of the year.

For more information about the games, check out the Transplant Games of America at [www.transplantgamesofamerica.org](http://www.transplantgamesofamerica.org), or their Facebook page: *Transplant Games of America*. Also, you can check out the Team Alabama Facebook page: *Team Alabama - Transplant Athletes & Supporters*. For another team, the Transplant Games of America website has a list of the other teams and contact numbers. If you are interested in participating in the Games as a Team Alabama member, please send an email to [heartlungkid1@gmail.com](mailto:heartlungkid1@gmail.com). I have attend 7 games and continue to be amazed by what transplant recipients have achieved. Not that they are amazing athletes (some are), but they can now participate in physical activities!

### UAB HEART, LUNG AND LIVER TRANSPLANT SUPPORT GROUP

#### Release Form

I give permission for my name, transplant number and transplant date to be used by the UAB Heart, Lung and Liver Transplant Support Group for inclusion in the monthly Newsletter and Support Group Scrapbook. I understand that this information will be used only for official Support Group activities.

Name \_\_\_\_\_

Transplant Type \_\_\_\_\_ Transplant Number (If known) \_\_\_\_\_ Transplant Date \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_ Email \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Here is a Team Alabama picture from the 2006 US Transplant Games – one of our larger teams.



I'm always amazed by the kids. I recall one race for boys (about 10 years old) where there were only 4 in this event (40 yard run as I remember). Obviously, one was not going to get a medal. As they began to run, I immediately noticed that one of the boys was physically challenged and was going to be the one who would not win a medal. As the first three approached the finish line, the boy in third place stopped short of the finish line and ran back to the boy in 4<sup>th</sup> place. He ran along side of the one physically challenged and allow him to finish in the Bronze Medal position thereby giving up the medal for himself. What great character this young boy showed that day remains in the minds of all in attendance that day I'm sure.

**UAB School of Nursing recognized for excellence in student learning**

(AL.com, July 25, 2017 article by Erin Edgemon)

"The University of Alabama at Birmingham School of Nursing was recently designated a National League for Nursing Center of excellence." This designation is designed for schools of nursing and health care organizations that have achieved a level of excellence in specific areas.

"This designation is an external confirmation of the UAB School of Nursing's commitment to preparing future nursing leaders, and aligns with our strategic goals of maintaining excellence in teaching and learning, and provides acknowledgment of faculty efforts in continual quality improvement," Doreen C. Harper, dean of the UAB School of Nursing and Fay B. Ireland Endowed Chair in Nursing, said in a statement."

You can read the entire article on the AL.com website at:

[www.al.com/news/birmingham/index.ssf/2017/07/uab\\_school\\_of\\_nursing\\_recogniz](http://www.al.com/news/birmingham/index.ssf/2017/07/uab_school_of_nursing_recogniz).

Having two nieces who recently graduated from the UAB School of Nursing, I would like to say, well done UAB School of Nursing, well done.

**'An Organ Donor Saved My Life'**

This is the saying on a T-shirt that the AOC is using for a fund raising project. With the funds generated by the selling of the T-shirts, special gifts will be given to the Donor Families in addition to the Bronze Medallion now presented during the Donor Recognition Ceremony.

If you would be interested in a T-shirt, the cost will be \$12 including shipping and handling (make checks payable to **UAB/AOC Educ. Fund**).

**Carrie Ellis**

**Alabama Organ Center**

**502 20<sup>th</sup> Street South**

**Birmingham, AL 35233**

You can also contact Carrie at the Alabama Organ Center at 205-731-9200.

Remember, you may never know when you might change someone's mind about organ donation through sharing your story. You may even change their life!

Please send your ideas for future meetings to me. Remember to tell your story.

**Stan Smith, President**

**5213 Peppertree Lane**

**Trussville, AL 35173**

**Phone 205-655-3151- please leave a message**

**Heartlungkid1@gmail.com**

**SCHEDULED EVENTS & FUTURE MEETINGS**

September 16, 2017 – Informal dinner meeting

October 14, 2017 – Informal dinner meeting

November 18, 2017 – Informal dinner meeting

December 25, 2017 – Annual Christmas Day Lunch

January 13, 2018 – Informal dinner meeting

February 17, 2018 – Informal dinner meeting

March 17, 2018 – Informal dinner meeting

**Informal Dinner**

Several of our group members get together for an informal dinner/meeting once a month.

This month's dinner meeting will be at Seasons 52, 245 Summit Blvd, at the Summit, just off Highway 280, on Saturday, August 19<sup>th</sup> at 4:45 PM.

Any pre/post heart, lung or liver transplants and family, donor families, doctors, nurses and staff are welcome to join. Please be sure to let us know that you plan to join in by calling Stan Smith at 205-655-3151 and leave a message.

And remember to...



***"The best way to cheer yourself up is to try to cheer somebody else up."***

**...Mark Twain**

(From Brainyquote.com)

Please tear on the dotted line and return this form as soon as possible to:

UAB Heart, Lung and Liver Transplant Support Group  
% Stan Smith  
5213 Peppertree Lane  
Trussville, AL 35173