



NEWSLETTER

Stan Smith - President/Editor (205) 655-3151, Lyric A. Brogden - 1st Vice President, Bob Rush - 2nd Vice President, Judy Burch - Secretary, Darryl Barkley - Chaplain, Tammy Campbell - Public Relations, Peggy Holmes - Treasurer

Christmas Day Lunch in HTICU on THURSDAY DECEMBER 25, 2008

The next meeting will be our annual Christmas Day lunch. It will be in the HTICU conference room on the 5th floor of the West Pavilion. This is for pre and post transplant patients and their families, medical and staff personnel on all of the heart, lung, and liver floors, those who are at the Townhouse, and donor families who would like to participate. **We need the help of those of you that live in the Birmingham area to help provide the food.** Please call Stan Smith at 655-3151 if you have any questions [please leave a message]. **The Support Group will be furnishing ham, turkey, soft drinks, paper goods and plastic wear.** We are in need of casseroles, vegetables, congealed salads, salads, and deserts. Each year this does provide a blessing to those who are in the hospital especially during Christmas. Last year we served between 175 and 200 meals! We look forward to hearing from each of you. I would like to thank Cliff Osbon, Transcript Pharmacy, once again for the monetary support of our Christmas lunch. Cliff will be our speaker at the January meeting and I encourage you to come by and thank him in person.



New heart & lung transplant recipients (No new release forms received)

HAPPY HEART AND LUNG DAY! (December)

(H) Apryl Graham Crosswy	'82
(H) Gordonna Moore	'83
(H) Eddie Knipp (2 nd 3/99)	'87
(H) Charles Wasden	'90
(H) Karen Tishler Weinrib	'91
(H) Thomas D. Jordon	'94
(H) Meagan Brooke Miley (Ped)	'96
(H) Stanton Mahoney	'96
(H) Jerry Tansey	'97
(H) Barbara Watts	'99
(L) Rene Boubede	'99
(H) William Huey Collins	'99
(H) Linda Payne	'99
(H) Joe M. Wilhite	'99
(L) Stephen Burt	'99
(DL) Kimberly Stewart	'00
(H) Mary M. Wooten	'00
(H) Sidney Overby (2 nd)	'00
(H) Justin Burney	'01

(H) Gregory Bend	'01
(L) Mary Ann Autry	'01
(L) Lillian (Trudy) Harrison	'01
(L) Mary E. Cole	'02
Henry Neff	'04
(DL) Mary Beth Helms	'04
(DL) Janet S. Ellis	'06
(H) Chester Strickland	'07
(DL) Shaun Pendarvis	'07
(DL) Matt Fancher	'07



New liver transplant recipients (No new release forms received)

HAPPY LIVER DAY! (December)

Father James Naughton	'96
Claude Hall	'97
Rodney S. Jones	'97
Joel Johnson	'98
Tim Gandy	'98
Ronald Pothier	'99
Charles Smith	'99
Eddie Mae Davidson (1 st)	'99
Clovis Smith	'00
Eddie Mae Davidson (2 nd)	'00
Judy Burch	'00
Carmen Vasquez	'01
Leonard Cooper	'01
James Gruzdis	'03
Robert (Bobby) Reeves (2 nd)	'04
Larry Brice Dollar	'06
Jerry Wayne Cantrell	'06
Debbie Morgette	'06
Jim Kutschke	'07
Sharon Johnson Woods	'07

Message from Stan Smith, President

I would like to thank Dr. Brendan McGuire for the very interesting talk at the November meeting. I learned several new things about medicine interactions (never too old to learn☺).

We will not have a regular meeting in December, but don't forget the Christmas lunch in the HTICU conference room. This year marks the 20th year for the Christmas Day lunch started by Kathy Joseph in 1988. Last year we served between 175 and 200 meals! If you can come by and help for an hour or two, that would be fantastic. We start serving around 11 AM. This has become part of my family's Christmas celebration, and it is always good to see Father Jim there (he received his liver transplant on Christmas Eve in 1996).

Mr. NewHeart – From Heart Attack to Transplant and Beyond

In the October 2007 Newsletter, I mentioned this book by David Hollar, heart recipient. I received a letter from David this month and he would like to make his book available as a FREE download to our transplant family. He said "consider it an early Christmas present".

"David's story begins on March 11, 1989 when he has a massive heart attack. He tells of his nearly fatal episode of heart arrhythmia and the stress of having an implantable defibrillator in his abdomen for twenty months. He struggles to accept that his chance for a miracle transplant can only occur when another person dies. David receives a new heart in 1991 at the age of 46 and he tells how it

UAB HEART, LUNG AND LIVER TRANSPLANT SUPPORT GROUP **Release Form**

I give permission for my name, transplant number and transplant date to be used by the UAB Heart, Lung and Liver Transplant Support Group for inclusion in the monthly Newsletter and Support Group Scrapbook. I understand that this information will be used only for official Support Group activities.

Name _____

Transplant Type _____ Transplant Number (if known) _____ Transplant Date _____

Address _____

City _____ State _____ Zip _____

Phone Number _____ Email _____

Signature _____ Date _____

has affected him and his family. 'Mr. NewHeart' continues through the following years of blessing and challenge. David's story is one of faith in God, courage, endurance, victory, and miracles."

To obtain the free download go to:

www.lulu.com/content/2136272.

At the website you will see a review of the book by Nancy Hoffman as follows:

"Once I started reading Mr. NewHeart, I couldn't put it down until it was finished. I can understand why it brought you to tears as you were writing it. As you related in detail the emotional and physical toll this devastating illness had on you and Sylvia, it brought back many of my own memories of your difficult times."

"This is indeed your testimony of how God was with you through your deepest despair to the new life you received on that glorious Easter morning. You are indeed the Six Million Dollar Man and also our Walking Miracle."

In the October 2007 Newsletter, I included a review of the book by Jim Gleason (heart recipient 1994 - Philadelphia). Many of the Team Alabama folks may know Jim since is very active at the Transplant Games. He volunteers for the NKF, UNOS and Gift of Life Donor Program in Philadelphia. He also has written a book entitled **"A Gift from the Heart"**.

Jim starts his review as follows: *"In this real-life account leading up to and for an inspiring sixteen years after his heart transplant (as written in 2007), David Hollar tells in short simple to understand chapters and easy to relate to language what it was like for him and his family as they faced death and the uncertainty of many procedure outcomes along the way. His story is one of a strong faith in God (supported even more by the Easter Sunday arrival of his donor heart!) and the combined support of family, friends and a strong medical team that results in long term survival and many lessons shared with his readers."*

David, thank you for sharing you story and for the 'early Christmas present'. I know out transplant family will be inspired by you story.

Huntsville Area Event

Mark your calendar for January 16, 2009, the place - the Von Braun Civic Center, the event - a game night in support of organ donation at the Huntsville Havoc Hockey game. Brie Hollander, hospital and community liaison for the AOC, is coordinating the event. If you need more information, contact the Alabama Organ Center for more details, 205-731-9200. Here is another opportunity to volunteer, and to tell your story. Don't forget "there is a reason" for everything that we do.

'An Organ Donor Saved My Life'

This is the saying on a T-shirt that the AOC is using for a fund raising project. With the funds generated by the selling of the T-shirts, special gifts (wind chime) will be given to the Donor Families something in addition to the Bronze Medallion now presented during the Donor Recognition Ceremony.

If you would be interested in a T-shirt, the cost will be \$12 including shipping and handling (make checks payable to UAB/AOC Educ. Fund).

Kay Christian
Alabama Organ Center
500 22ND Street South, Suite 102
Birmingham, AL 35233

Kay is looking for quilters to complete the next panel of the AOC donor quilt. The quilt squares are complete and all she needs is for someone to sew them together. If you are interested, please contact Kay at the Alabama Organ Center at 205-731-9200.

Remember, you may never know when you might change someone's mind about organ donation through sharing your story. You may even change their life! Please send your ideas for future meetings to me. Remember to tell your story.

Stan Smith, President
5213 Peppertree Lane
Trussville, AL 35173
Phone 205-655-3151

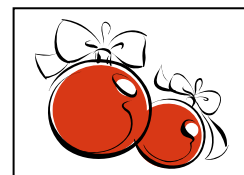
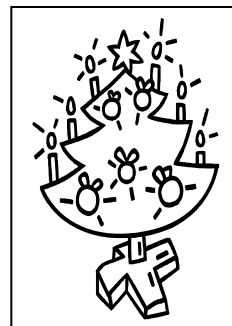
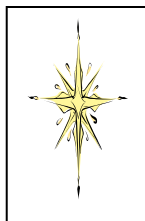
Informal Dinner

The next dinner will be announced in the January Newsletter. Happy Holidays everyone!!

  And remember to...   

SCHEDULED EVENTS & FUTURE MEETINGS

January 12 – Cliff Osbon, Transcript Pharmacy
February 9 – Barbara Jackson, NKF Alabama
February – AOC Donor Memorial
March 9 – Support Group meeting
April 13 – Support Group meeting
April 18, 2009 – Celebration of Life Picnic
July 2010 – US Transplant Games in Madison, WI



HAPPY HOLIDAYS

**"For it is in giving that we receive."
..... Saint Frances of Assisi**

Please tear on the dotted line and return this form as soon as possible to:

UAB Heart, Lung and Liver Transplant Support Group
% Stan Smith
5213 Peppertree Lane
Trussville, AL 35173